## Ansell

Fire Rescue Safety Australia

## FIND THE RIGHT GLOVE SIZE

## 1. METHOD 1 - CIRCUMFERENCE

Correct sizing is essential for ensuring glove comfort. The ideal way to determine size is with a dressmaker's cloth tape. Use it to measure the circumference of the palm of the hand at its widest point, in millimetre. Cross-reference that measurement against the table provided here. Most gloves with knitwrist are colour coded for size identification as below.


| Size | Hand <br> circumference | Cuff colour |  |
| :---: | :---: | :---: | :---: |
| XXS | 5 | 137 mm | Pink |
| XS | 6 | 152 mm | Purple |
| S | 7 | 178 mm | Red |
| M | 8 | 203 mm | Yellow |
| L | 9 | 229 mm | Brown |
| XL | 10 | 254 mm | Black |
| XXL | 11 | 279 mm | Light blue |
| XXXL | 12 | 295 mm | Green |

Note: This chart is intended to be used as a guide only.

## 2. METHOD 2 <br> - CHECK YOUR GLOVE SIZE

Place your right hand palm down on the drawing with your fingers together. Your index finger should be aligned with the blue line (but not over it), your thumb crotch placed correspondingly to the portrayed hand. Size is indicated by the width of your hand. Read your size on the coloured lines.

Instructions for use:
To be printed on A4 (100\%)

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